

Day opportunities for adults living in Hammersmith & Fulham

This list is provided for your convenience. We have no reason to believe that these organisations do not provide a reliable, high-standard service but do check carefully what they offer, whether they are right for you, and how much they charge. Some are open all week but some only on certain days, so do contact them first before travelling.

For a wide choice of other activities for people of all ages and abilities check out the [People First Events calendar](#).

Updated May 2015.

CONTENTS

[Adults living with learning difficulties – page 2](#)

[Adults living with mental health issues – page 3](#)

[Adults \(including Older Persons\) – page 4](#)

[Adults living with physical disability – page 5](#)

Adults living with learning difficulties

OPTIONS DAY SERVICE

This service helps adults with learning difficulties develop skills to continue living at home, and also helps them access a range of services and community facilities.

Attendance subject to assessment from

280 Goldhawk Road

London W12

Phone: 020 8749 9602

Fax: 020 8749 8285

Website: <http://www.peoplefirstinfo.org.uk/marketplace/cat/vendor/2664>

ACTION ON DISABILITY

Various projects - sport development, direct payment support, advocacy, holiday schemes, media projects

The Greswell Centre,

Greswell Street,

London SW6 6PX

Phone: 020 7471 8510

Email: info@actionondisability.org.uk

Website: actionondisability.org.uk

MENCAP

Various projects including Safety Net People First, Social Inclusion and Advocacy.

HF Mencap,

65 Aspenlea Road,

Fulham,

London,

W6 8LH

Phone: 0208 748 5168

Email: info@hfmencap.org

Website: www.hfmencap.org

BISHOP CREIGHTON HOUSE - MENTORING SERVICE

Helps young people living with a learning disability to live independently.

378 Lillie Road,

London SW6 7PH

Phone: 020 7385 9689

Email: info@creightonhouse.org

Website: <http://www.creightonhouse.org/>

WORKWISE PROJECT (PART OF MENTORING PLUS)

Workwise (part of Bishop Creighton's Mentoring Plus) aims to access appropriate support, training and employment for young people aged 16 and over living with a learning disability.

Bishop Creighton House
378 Lillie Road,
London SW6 7PH

Phone: 020 7385 9689

Email: jrobins@creightonhouse.org

Website: <http://www.creightonhouse.org/mentoring-plus>

YARROW

A small day service arm of Yarrow's learning disability services, where Hammersmith & Fulham commissions residential and supported living services.

Yarrow Housing
216 Goldhawk Road,
London W12 9NX

Telephone: 020 8735 4600

Email: info@yarrowhousing.org.uk

Website: www.yarrowhousing.org.uk or [here](#).

HAMMERSMITH & WEST LONDON COLLEGE – EDUCATION OPPORTUNITIES

Team Enterprise Project

Telephone: 020 8741 1688

www.wlc.ac.uk

Adults living with mental health issues

ELLERSLIE ROAD DAY CENTRE

Council in-house day service for people with mental health issues accepts referrals only from community mental health teams (CHMTs) on a four week basis.

Opening / visiting hours: 9.30am - 5pm (closed on Tuesdays)

50 Ellerslie Road
Shepherds Bush,
W12 7BW

Phone: 020 8753 2894

Fax: 020 8740 7180

More information on [Ellerslie Road Day Centre information leaflet \(pdf\)](#) or [here](#).

BLAKAFE

Weekend drop-in service primarily for black people, particularly those people who are disengaged from statutory services.

Opening hours Sat 1pm-5pm, Sun 12pm –4pm

Ellerslie Day Centre,

50 Ellerslie Road

Shepherds Bush,

W12 7BW

Phone: 020 8749 9392

THE BARONS COURT PROJECT

Drop-in centre for residents and street homeless people who have a mental illness.

Barons Court Project,

69 Talgarth Road,

W14 9DD.

Phone: 020 7603 5232

Website: www.baronscourtproject.org

Useful external websites

www.hfmind.org.uk

www.wlmht.nhs.uk

Adults (including Older Persons)

IMPERIAL WHARF RESOURCE CENTRE

Olive House,

185 Townmead Road,

London SW6 2JY

Phone: 020 7384 6950

Fax: 020 7384 6959

Website: <http://www.peoplefirstinfo.org.uk/marketplace/cat/vendor/2666>

AGE UK

Community resource with garden offering events & activities, open Mon - Fri 10am - 4pm.

105 Greyhound Road,

W6 8NJ

Phone: 0207 386 9085

Website: www.ageuk.org.uk/hammersmithandfulham/

ELGIN CLOSE RESOURCE CENTRE

Community resource providing a range of trips/activities/events for adults

1-3 Elgin Close,

off Goldhawk Rd,

W12 9NH

Website: <http://www.nottinghillhousing.org.uk/elgin-close> or [here](#).

NUBIAN LIFE RESOURCE CENTRE

Care provider for African and Caribbean older people living with complex health conditions.

50 Commonwealth Avenue,

W12 7QR

Phone: 020 8749 8017

Website: www.nubian-life.org.uk

ST VINCENT'S DAY CENTRE

Specialist day care for older people diagnosed with dementia

49 Queen Caroline Street,

W6 9QH

Phone: 020 8563 0001

Website:

http://www.alzheimers.org.uk/site/custom_scripts/branch.php?branch=true&branchCode=13531

SHANTI CENTRE

Specialised day care for Asian elders and adults with disabilities

89 Askew Road,

W12 9AS

Phone: 020 8811 1501

Email: shanti@taha.org.uk

Website: <http://www.peoplefirstinfo.org.uk/marketplace/cat/vendor/2782>

Adults living with physical disability

COMMUNITY ACCESS TEAM

The community access team provides a high quality, community-based, flexible support programme for adults with physical disabilities.

Imperial Wharf Resource Centre

Olive House,

185 Townmead Road,

London SW6 2JY

Tel: 020 7384 6950

Fax: 020 7384 6959

Website: <http://www.peoplefirstinfo.org.uk/marketplace/cat/vendor/2666>