

www.peoplefirstinfo.org.uk

Day centres, drop-in centres and hubs for older people in Westminster

This list is provided for your convenience. We have no reason to believe that these organisations do not provide a reliable, high-standard service but do check carefully what they offer, whether they are right for you, and how much they charge. Some are open all week but some only on certain days, so do contact them first before travelling.

For a wide choice of other activities for people of all ages and abilities check out the [People First Events calendar](#).

Updated May 2015.

THE ABBEY CENTRE

(Monday to Friday 9am to 9pm, Saturday 9am-5pm. Wide range of activities for people of all ages)

34 Great Smith Street

SW1P 3BU

Phone: 020 7222 0303

Email: enquiries@theabbeycentre.org.uk

Website: www.theabbeycentre.org.uk/community

ALL SOULS CLUBHOUSE

(Includes a programme of activities for those who are 60 years plus)

141 Cleveland Street

W1T 6QG

Phone: 020 7255 9753 or 020 7387 1360

Email: esther.lasek@allsoulsclubhouse.org / david.kennett@allsoulsclubhouse.org

Website: <http://allsoulsclubhouse.org/elderly/>

AMBERLEY CLUB

(Monday to Friday, times vary, wide range of activities)

Amberley Supported Housing

Unit 10

Clearwell Drive

W9 2JZ

Phone: 020 7641 4333

Email: rhardma@westminster.gov.uk

CHURCH OF OUR LADY OVER 50S CLUB

(Every Tuesday 1.30pm to 4pm during term times, open to all denominations)

Church of Our Lady

54 Lodge Road

NW8 8LA

Phone: 0782 8148 513. Helpline: 020 7286 6387

Email: srbrigid@gmail.com

Website: www.rcsjw.org.uk

CHURCH OF THE HOLY APOSTLES CLUB

(Mondays at 2pm to 3.30p.m., for local older people)

Holy Apostles Church Hall

47 Cumberland Street

SW1V 4LY

Phone: 020 7834 6965 Helpline: 020 7834 7529

Email: pimlico@rcdow.org.uk

Website: www.holyapostlespimlico.org

CHURCH STREET DROP-IN CENTRE

(Advice, activities and refreshments for people over 50, Monday to Friday 10.30am to 4.30pm.)

10 Church Street

NW8 8ED

Phone: 020 7724 5551

Email: csdic@radicle.org.uk

CHURCHILL HUB (FROM OPEN AGE)

(from Open Age – activities and advice for people over 50)

Various venues in South Westminster

Phone: 020 8964 1900

Email: jgrieve@openage.org.uk / csellick@openage.org.uk

Website: <http://www.openage.org.uk/westbourne-hub>

DUTCH POT LUNCH AND SOCIAL CLUB

(for African, African/Caribbean and other BME older people, Monday to Thursday 11am to 5pm)

Ada Court

10-16 Maida Vale

Edgware Road

W9 1TD

Phone: 0207 286 1222

Email: info@dutchpotclub.org

Website: <http://www.dutchpotclub.org/>

GLAD WESTMINSTER AND CHELSEA MONDAY CLUB

(For people with mobility problems, first and third Monday of each month, 6.00pm to 9.00pm)

Abbey Community Centre

34 Great Smith Street

SW1 3BU

Phone: 07786 330 412

Website: <http://www.theabbeycentre.org.uk/~theabbey/community/index.php/news-whats-happening/274-monday-glad-club>

GREENSIDE COMMUNITY CENTRE

(serves Church Street ward and the Lisson Green estate – various activities, including an over-50s club on Tuesdays).

24 Lilestone Street

NW8 8SR

Phone: 020 7724 1847 or 020 7245 2865

Website: <http://communityspaceshub.com/activities/>

IN-DEEP COMMUNITY TASK FORCE

(activities and services for older people in South Westminster)

Grosvenor Hall

Vincent Street

London SW1P 4HB

Phone: 0207 834 5204

Email: emmachapman40@hotmail.com

Website: <http://www.in-deep.org.uk/>

JACS Club

(Social club for members of the Jewish community over 70, Thursdays 1.30pm to 3.30pm)

St. John's Wood Synagogue

34-41 Grove End Road

NW8 9NG

Phone: 020 7286 3838 or 020 7586 0454

Email: office@shulinthewood.com or essie@essiegraham.com

Website: <http://www.shulinthewood.com/community/jacs>

LEONORA HOUSE DAY CARE AND ACTIVITY GROUPS

(activities for over 50s – Tuesdays and Wednesdays)

Leonora House

49 Lanark Road

W9 1AP

Phone: 020 7286 9226

Website:

http://www.octaviasupport.org.uk/contact/our_scheme_locations/58_leonora_house_day_care_and_activity_groups

LONDON CHINESE COMMUNITY CENTRE

(activities and classes for people of all ages, with a special programme for older people)

2 Leicester Court

WC2H 7DW

Phone: 020 7439 3822

Email: info@ccc.org.uk

Website: www.ccc.org.uk

MIGRANTS RESOURCE CENTRE (MRC)

(A wide range of activities and classes for migrants, asylum seekers and refugees of all ages, Monday to Friday 10am to 5pm)

24 Churton Street

SW1V 2LP

Phone: 020 7834 2505 or 0845 241 0961

Email: info@migrants.org.uk

Website: www.migrantsresourcecentre.org.uk

NEW WEST END SYNAGOGUE FRIENDSHIP CLUB

(First Wednesday of each month at 1.30pm)

New West End Synagogue

St. Petersburg Place

Bayswater

W2 4JT

Phone: 020 7229 2631 or 020 7229 9661

Email: friendship@newwestend.org.uk

Website: www.newwestend.org.uk/whats-on/friendship-club.html

OPENING DOORS LONDON

(Activities, groups and befriending for older lesbian, gay, bisexual and/or transgender people)

Age UK Camden

Tavis House

WC1H 9NA

Phone: 020 7239 0446 or 020 7239 0447

Website: www.openingdoorslondon.org.uk

OUT AND ABOUT CLUB

(Non-denominational club for people with disabilities, first and third Tuesday of each month at 7.00pm)

Liberal Jewish Synagogue

28 St. Johns Wood Road

NW8 7HA

Phone: 020 7286 5181

Email: ljs@ljs.org

Website: www.ljs.org/a-place-of-meeting/clubs-and-societies/77/out-and-about/

PENFOLD (CHURCH STREET AND REGENTS PARK) COMMUNITY HUB

(from Notting Hill Housing Group – activities and advice for people over 50)

Various venues in North Westminster

Phone: 0208 762 3082 / 07872811106

Email: penfoldhub@nhhg.org.uk

Website: <http://www.peoplefirstinfo.org.uk/marketplace/cat/vendor/2348>

THE PEPPER POT CENTRE

(activities, classes, trips and more for people over 50 from the African, Caribbean & BME community)

1a Thorpe Close, Ladbroke Grove

London

W10 5XL

Phone: 0208 968 6940

Email: info@pepperpotdaycentre.co.uk

Website: <http://www.pepperpotcentre.org/>

POSITIVE AGE CENTRE

(Support in finding employment opportunities for people over 50, Monday to Thursday 9.30 to 4.30)

Peabody Estate

Dalgarno Way

W10 5JN

Phone: 020 8960 4853

Website: <http://www.openage.org.uk/positive-age-employment-centre>

PULLEN DAY CENTRE

(for frail older people and those with dementia, Mondays to Fridays. Attendance subject to assessment from Westminster City Council)

Garden Terrace

7-9 Moreton Street

London

SW1V 2PW

Phone: 037019 24974

Email: margaret.dennehy@housing21.co.uk

QUEENS PARK AND HARROW ROAD HUB (FROM OPEN AGE)

(from Open Age – activities and advice for people over 50)

Various venues in North Westminster

Phone: 020 7266 2776

Email: gblackwood@openage.org.uk / egriffin@openage.org.uk

Website: <http://www.openage.org.uk/queens-park-and-harrow-road-hub>

ROSARY SENIOR CITIZENS CLUB

(Wednesday 1.30pm to 4pm)

209 Old Marylebone Road

NW1 5QT

Phone: 020 7723 5101

Email: marylebone@rcdow.org.uk

Website: www.rcdow.org.uk/marylebone

SOHO COMMUNITY CENTRE OVER 60S CLUB

(Monday to Friday 9am to 5pm)

55 Dean Street

W1D 6AF

Phone: 020 7437 8039

ST JUDE'S OVER 50S CLUB WESTMINSTER

(Tuesdays and Thursdays)

St Judes Community Hall

67 Ilbert Street

Queens Park

W10 4QJ

Phone: 020 8969 1891

WESTBOURNE COMMUNITY HUB (FROM OPEN AGE)

(from Open Age – activities and advice for people over 50)

Various venues in North Westminster

Phone: 020 8964 1900

Email: mwhyberd@openage.org.uk

Website: <http://www.openage.org.uk/westbourne-hub>

WESTMINSTER DEMENTIA AND MEMORY RESOURCE CENTRE

(for older people with dementia. Attendance subject to assessment from Westminster City Council)

42 Westbourne Park Road

London

W2 5PH

Website: <http://www.peoplefirstinfo.org.uk/marketplace/cat/vendor/2417>