

www.peoplefirstinfo.org.uk

Day centres, drop-in centres and hubs for older people in Kensington and Chelsea

This list is provided for your convenience. We have no reason to believe that these organisations do not provide a reliable, high-standard service but do check carefully what they offer, whether they are right for you, and how much they charge. Some are open all week but some only on certain days, so do contact them first before travelling.

For a wide choice of other activities for people of all ages and abilities check out the [People First Events calendar](#).

Kensington Day Centre

Day centre and 'drop-in' centre offering lunch for older people.

The Reed

24 - 28 Convent Gardens

Kensington Park Road

W11 1NJ

Phone: 020 7727 7337

Email: diane.phillips@octavia.org.uk

Pepper Pot Centre

Day centre for the older African-Caribbean and wider BAME community.

1a Thorpe Close, off Ladbroke Grove

W10 5XL

Phone: 020 8968 6940

Email: info@pepperpotdaycentre.co.uk

Chamberlain House

Chamberlain House Dementia Resource Centre

St Charles's Centre for Health and Wellbeing

London, W10 6DZ

Phone: 020 8206 8626/8627

Email: chamberlainhouse@rbkc.gov.uk

New Horizons Centre

Multi-activity centre for older people. (Part of Open Age)

Guinness Trust Estate

Cadogan Street

SW3 2PF

Phone: 020 7590 8970

Email: mail@openage.com

Second Half Centre

St Charles Centre for Health and Wellbeing

Exmoor Street

W10 6DZ

Phone: 020 8962 5500

Email: mail@openage.com

St Cuthbert's Centre

Day centre for people who are rough sleepers, homeless, marginalised, isolated, unemployed or have mental health or substance misuse problems. Meals served from 12.30 to 2.15pm.

Refettorio Felix at St Cuthbert's

51 Philbeach Gardens

SW5 9EB

Phone: 020 7835 1389

Email: dropin@stcuthbertscentre.org.uk

The Salvation Army - Chelsea

(Provides lunch between 12.30 and 1pm on Monday, Wednesday and Friday only for people aged over 50. Also offers Christian worship and games.)

11 Blantyre Street

World's End

SW10 0DT

Phone: 020 7352 7557

Email: chelsea@salvationarmy.org.uk

Salvation Army website: www.salvationarmy.org.uk